



ArknA

ECO-PARK

Arkna Eco-Park in Estonia encompasses a sustainable farm, health and wellness center, and vibrant community around a 16th century village and its restored manor. Within 100 km of Tallinn, Arkna's lush open spaces alternating with woodlands provide a place where mind, body and soul is regenerated, inspired and engaged to promote a healthy lifestyle.

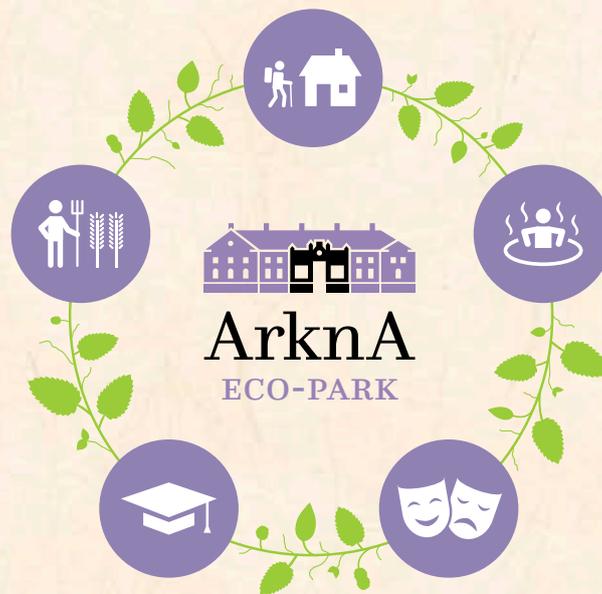


In 1527 the noble Hastver family established a crop and cattle manor in Arkna village on Selja River, in the fertile fields of Lääne-Viru, near the town of Rakvere, in north-east Estonia. The manor, revived by the loving hands of proprietors Olle Saare and Piret Kuldkepp, is now the center of Arkna Eco-Park, wellness center and health farm.

Arkna promotes an ecological and healthy lifestyle, supported by its historic and cultural heritage and a wide range of events and trainings. The park itself functions as an international example for sustainable building, living, and community.

Arkna's program

Arkna Eco-Park incorporates nature, wellness, history, innovation, production, culture and leisure. With its range of events throughout the year it demonstrates a self-sufficient lifestyle with artisanal foods created on site, workshops and trainings, wellness programs, and trade workshops to keep traditions alive. These are invigorated with music, theatre and performance programs for a remarkable experience throughout the year. For guests, spiritual healing combines with modern technologies into individualized care packages for every guest.



Tourism & Hospitality

- 5, 4 and 3 star hotels & guesthouses
- Camping grounds
- Sports facilities & outdoor activity spaces, gyms, hiking trails
- Health and wellness spa
- Restaurants and cafes
- Boat and bike rental

Health & Wellness Park

- Health and wellbeing services
- Healthy food program
- Eco-spa, healing environments,
- Meditation spaces
- Physiotherapy and therapeutic programs
- Pet-therapy
- Nature pharmacy

Culture

- Concerts & theatre performances
- Art museum, galleries & exhibitions
- International festivals, poetry & literature events

Competency & Training Center

- Education programs for sustainable food production, heritage healing, and historic renovation
- Workshops for wood, ceramics and crafts
- Summer programs
- Work exchange programs
- Sustainable village and passive house competence center

Production

- Self sustaining food production
- Dairy farm with cows and goats
- Healing herb garden
- Polydome Sustainable Food Generator
- Berry and apple orchards
- Honey production (beehives)
- Wheat and cereal farming
- Biomass production for fertilization, heat and electricity supported by solar and ground coupled heat storage.
- Water recycling

Community program

Arkna's community is supported through everyday services such as a daycare center, new community center, pre-school and senior program. In addition playgrounds around Arkna are combined with indoor and outdoor health activities.



A new bicycle path connects Arkna to Rakvere for a safe and healthy trip to town. Surrounding the renovated and sustainable houses is a productive landscape, well maintained roads and public facilities. The community is provided with employment opportunities and the current community center converted to a village heritage museum.



Infrastructure

There are self-sufficient operations to maintain Arkna's infrastructure services for water, waste, electricity, lighting, heat, logistics, storage, cooling and tooling. Communication technologies are implemented to increase internet bandwidth and mobile reception.

In addition, facilities for cars and touring cars provide space for visitor parking. Lastly, suitable accommodation for staff and its community are provided.

Discover your own story

Arkna manor is a place that through lively legends helps guests understand their personal stories to bring meaning, understanding, clarity and order to their own life. In the healing manor of Arkna the body becomes alive and the restless soul becalms.



With support of both its local and international community, Arkna establishes a unique center for holistic thought and practice for better living, working, learning and leisure.

Arkna's Impact

Arkna is a prime example of a fully functioning modern self-sustainable community. With investments of around 10 million Euros the Eco-Park plays an important role in increasing the region's attractiveness for investments and tourism.

Over the course of the coming five years Arkna Eco-Park is creating up to 70 permanent positions for specialists and skilled workers, and 50 seasonal positions for students and volunteers in tourism and agriculture.



Arkna's Values



Innovative &
Creative



Nature
Oriented



Energy
independent



Sustainable



Profit and
beyond



Network and
open source



Collaboration



Berries



Bees

Gardening farm
(cheese production)

Orchard



Arkna ECO-PARK

Cereals

Polydome



Vegetables

Lake

Pavilion

Lake

Cereals

Cereals

Toilets

Camping

Park

School

Visitor center

P
Parking

Dairy farm

Goat farm

Heritage hotel

Museum

Traffic barriers

Spiritual centre

Cheese cave

Main visitor center

Healing garden



Meadows

Sport park

Master's court

Manor

Heritage SPA and Hotel

Massage

New community centre

Boats

Mystic forest

Boats

River

Cereals

Eco-houses site 1

Arkna village

Eco-houses site 2

Boats

Water mill

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Tourist map

EXCEPT
INTEGRATED SUSTAINABILITY

Partners



MUINSUSKAITSEAMET



Lääne-Viru maavalitsus

EXCEPT
INTEGRATED SUSTAINABILITY



European
Commission

Horizon 2020
European Union funding
for Research & Innovation

LEADER
EESTI



Maaelu Arengu Euroopa
Liidu Regionalfondist
Eesti Linnade ja
Maajätkeharude
Arengufondist



SISEMINISTEERIUM



KÜSK Kodanikuühiskonna
Sihtkapital

KODANIKUÜHISKONNA TOETUSEKS



Contact info

For more information please contact us via e-mail info@arkna.ee

What they say about us

“Arkna Eco-Park is an impressive example of innovation and cultural heritage in Estonia. This kind of collaboration between modern and historic, useful and beautiful will definitely be one of the best examples in Europe.”

Marko Torm,
Head of Lääne-Viru County



Arkna
ECO-PARK

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